

This Is The Program That Could Change Your Life!



Healthy Weight... For Life!

***It's now within your reach with
Dr. Shari Lieberman's
Transitions™ Lifestyle System.***

Attend our Transitions Overview Seminar and learn about low glycemic index eating, exercise, stress reduction, and supplementation. The only thing you have to lose is weight!

Find out why this system works!

***Transitions Lifestyle System,
The Last Weight Management Program
You Will Ever Need!***

***Both Individual and Group Classes Are Available.
CLASSES NOW FORMING!***

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